



Billing

Each appointment may generate up to three charges:

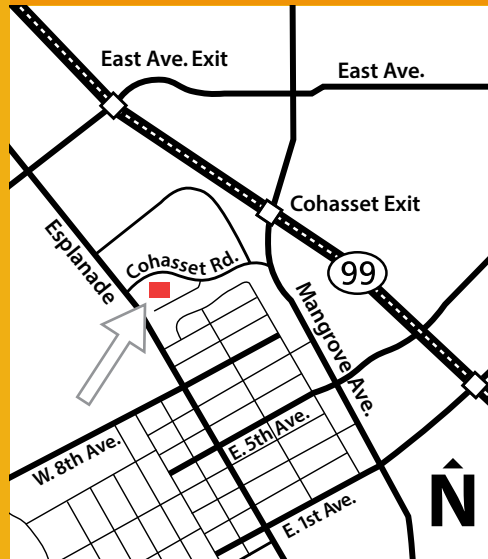
- A professional fee and a facility fee for the consultation
- A laboratory fee for genetic testing, if testing is done

The amount you owe after insurance may depend on:

- If cancer risk assessment and genetic testing are covered by your plan
- If you've met your deductible and maximum out-of-pocket expenses for the year
- Your personal and family history
- Your copay

Though most insurance policies cover cancer risk assessment, we recommend that before your first appointment you ask your insurance company if it will cover the above charges.

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HEALTH

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Genetic Cancer Risk Assessment



www.enloe.org

What Is Genetic Cancer Risk Assessment (GCRA)?

A cancer risk assessment is used to determine the chance a person will develop cancer in his or her lifetime.



Who Should Consider GCRA?

GCRA is recommended for people with a personal or family history of any of the following:

- Earlier-than-usual age of onset of cancer (usually younger than 50)
- A person with more than one type of cancer
- Several family members with cancer
- Bilateral cancer in paired organs like the breast or kidneys
- Ashkenazi Jewish ancestry
- A rare cancer, such as triple-negative breast, pancreatic, ovarian, fallopian tube, primary peritoneal or male breast cancer
- More than one childhood cancer
- Family with a gene mutation associated with a hereditary cancer syndrome
- A personal history of 10 or more colon adenomas, five or more serrated colon polyps, or two or more hamartomatous polyps
- Metastatic cancer
- High-risk or very high-risk prostate cancer
- A mutation found on tumor genomic testing

What Should I Expect at my Appointments?

At your initial visit, you will meet for 60-90 minutes with an advanced practice nurse and a licensed vocational nurse. Both specialize in hereditary cancer syndromes. Your results appointment will be about 30-60 minutes. You can meet in person or by telehealth. Mobile phlebotomy is available for those who cannot leave their home.

During your appointments, you and the team will:

- Review your and your family's medical history.
- Assess your personal risk for cancer.
- Identify family members who may have an increased risk for cancer.
- Review information about the genetics of cancer predisposition.
- Discuss any appropriate screening, medical evaluations and referral to specialists.
- Discuss genetic testing, including risks, benefits and limitations.
- Collect a sample for genetic testing (if appropriate).
- Discuss laws that protect against genetic discrimination.

Benefits of Genetic Testing

Genetic testing may improve health or quality of life by:

- Identifying a cause of cancer or finding no increased risk
- Helping develop a screening schedule
- Identifying if your family members are at increased risk and could benefit from screening
- Helping make decisions about risk-reducing surgery or cancer treatment

Getting Started

If you are interested in GCRA, please call us at 530-332-3840 to self-refer.

Or your health care provider can refer you by faxing us at 530-893-6025. When the fax arrives, we will contact you to start the referral process.

